

Directions

The Almada Suite is situated across from The Clydesdale Bank, next to Bell College and the County Building on Almada Street, Hamilton.

By Road

From M74 North and South

- Leave M74 at Junction 6 signposted Hamilton & Motherwell
- Follow slip road towards Hamilton
- At roundabout, take 3rd exit towards East Kilbride
- At round about, take 2nd exit towards East Kilbride
- At round about take 2nd exit towards East Kilbride
- At mini round about, take 1st exit towards East Kilbride
- Almada Suite about 100yards on left

For Parking

- Turn Right onto Beckford Street (*just before Almada Suite*) and follow signs round the one way system to designated council property parking

By Rail

Nearest Station – Hamilton West

Trains available to this station on Glasgow, Motherwell, Larkhall and Lanark lines

Exit station turn left then follow road round to the right. Arrive at The Almada Suite on your left hand side.

Accommodation

Express Holiday Inn - 0870 890 8899

Katie Jeffrey McVey T.C.R.G.
invites you to

The West of Scotland Irish Dancing Championships



Almada Suite Conference Centre
West Wing
Almada Street
Hamilton
ML3 0AA

Saturday 12th & Sunday 13th September 2009

Fellow Teachers

I would like to take this opportunity to invite you and your dancers to the fourth annual

West of Scotland Championships

I hope you can join us in celebrating this year's event and hopefully add to the amazing and overwhelming success of previous years.

I am delighted to announce that I have managed to secure the same magnificent venue. These excellent facilities provide a comfortable and spacious environment for both dancers and spectators. We also have a fabulous canteen with a variety of hot and cold food served throughout the day and merchandise stalls with several Irish dancing products and treats on sale.

I am glad to announce that this year's event will also hold a new Under 5 competition.

We will also continue with our **Champion of Champions** competition, where the winners of each open championship compete for the Champion of Champions Title and a beautiful Crystal Trophy award. This competition will be split into 2 age groups, Under 5 to Under 12 and Under 13 to Senior.

Finally, I would just like to advise that I have taken on board previous feedback and have decided to extend the entry date to accommodate the summer holiday period. This obviously leaves the turn around time very tight in order to produce an accurate timetable, so your co-operation with meeting this deadline is greatly appreciated.

I look forward to seeing you there.

Katie Jeffrey McVey T.C.R.G

Rules

14. **Beginner** – A dancer winning 1st or 2nd in beginner grade, when there are 6 or more competitors, must dance that particular dance in primary grade (or above).
15. **Primary** – A dancer winning 1st in primary grade, when there are 6 or more competitors, must dance that particular dance in intermediate grade (or above) for a period of at least 12 months.
16. **Intermediate** – A dancer winning 1st in intermediate grade, when there are 6 or more competitors, must dance that particular dance in open grade for a period of at least 12 months.
17. **Open** – A dancer winning 1st, 2nd or 3rd in open grade must dance that particular dance in open grade for a period of at least 12 months.
18. **Open Championship** – A dancer placed 1st, 2nd or 3rd in an open championship must remain open for the dances performed in that championship for a period of at least 12 months.
19. To compete in a **Preliminary Championship**, competitors must not have been placed top 3 in any Open Championship or been placed 1st in any Preliminary Championship within the last 12 months.
20. All dancers must be in full costume and appropriate footwear when receiving awards, otherwise such awards may be forfeited.
21. Dancers in Beginner and Primary competitions up to and including the Under 13 age group (born after 31st December 1996) may only wear class costume, skirt and blouse or appropriate civilian clothing. Low cut tops or short tight skirts are not permitted. Failure to comply with this rule may lead to disqualification from the competition.
22. The use of make-up is prohibited for those dancers up to and including the Under 12 age group (born after 31st December 1997) when competing in Beginner and Primary competitions.
23. Toe blocks or any other footwork danced 'en Pointe', whether stationary or moving is not permitted for those dancers up to and including the Under 12 age group (born after 31st December 1997).
24. Changing facilities will be provided and must be used. No changing in the halls will be allowed. The use of hairspray will only be permitted in designated changing areas. No hairspray to be used in competition halls.
25. The dress code in accordance with An Comisiun rules will be strictly observed. i.e. for the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the Feis scantily dressed.
26. Any form of unauthorised photography which has the capacity to capture a dancer's image in motion, using electrical or manual means, e.g. mobile-phone, standard camera, video camera, cine recorder, commercial film, with or without flash enhancement, is strictly forbidden in competition.
27. The Committee are not responsible for property lost during the Feis and every one is advised not to leave bags or clothing etc. unattended.
28. Smoking is not permitted anywhere in the venue.

Rules

1. Entries will only be accepted from teachers registered with AN COIMISIUN.
2. All entries must be made on the enclosed official entry forms, which must be fully completed and signed by the teacher. Entries will only be accepted from teacher's en-bloc and not on an individual basis. The dancer's FULL FIRST and SURNAME must be entered in BLOCK CAPITALS.
3. The Feis Committee may notify or cancel any arrangements detailed in this syllabus as is deemed necessary, subject to the approval of An Coimisiun.
4. The Adjudicator's decisions are final.
5. Complaints must be submitted in writing with a £10 fee to the Feis Secretary within an hour of the incident. The fee will be returned if the complaint is upheld.
6. Competitors must be present when their competition is called and fully obey all directions from the Feis Stewards and Hall Keeper, or they may lose their right to dance. Everyone in attendance must follow the Code of Conduct published in the Programme.
7. Competitors must dance in strict numerical order and be in costume ready to dance no less than 20 minutes before the times scheduled for their competitions.
8. Competitors must use the designated areas to practice and must not practice in the competition halls, corridors, side stage etc. This rule will be strictly enforced. Any dancer found causing damage to floor surfaces out with the areas designated as official practice areas will be held personally liable for any necessary repairs.
9. All championship trophies are perpetual challenge trophies and must be returned at the request of the Feis Committee.
10. Tempos for Intermediate and open competitions and Open Championships will be the same as those stipulated for the World Championships.
11. Reel-113, Slip Jig – 113, Heavy Jig – 73, Hornpipe – 113
Beginner and Primary competitions and confined to dancers resident in Scotland. Speeds will be in accordance with those stipulated by the Scottish Regional Council.
12. Beginners are only permitted to dance steps equivalent to the basic reel, single jig, light jig, slip jig, heavy jig and hornpipe. Any competitors performing steps of a harder degree of difficulty in the beginner's grade may be disqualified from that particular competition.
13. First Aiders will be present should anyone need their assistance at the Feis.

Entry Fees

Solo Grades	£3.50 per dance
Trophy Grades	£4.50 per dance
Preliminary Championship	£15.00
Under 5 Championship	£15.00
Open Championships	£22.00
Dancer Maximum	£35.00
Family Maximum	£55.00

Feis Secretary

Katie Jeffrey McVey
25 Campbell Close, Hamilton, ML3 6BF
07515 857 179
katie.mcvey@burohappold.com

Cheques should be made payable to
'The West of Scotland Championships'

*All entries must be returned to the Feis Secretary by
Friday 21st August*

Adjudicators

1. Dearbhla Lennon	Co. Louth
2. John Carey	Birmingham
3. Gary Healy	Chicago
4. Des Silke	Surrey

Musicians

1. Seamus O'Sullivan	Glasgow
2. Gerry Conlon	Glasgow
3. Martin Daly	Glasgow

Solo Grades

(B – Beginner, P – Primary, I – Intermediate)

	Reel	Single Jig	Light Jig	Slip Jig	Trophy Reel	Heavy Jig	Hornpipe	Heavy Trophy
U6	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	I	I	I
U7	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I
U8	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I
U9	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I
U10	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I
U11	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I
U12	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I
U13	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I
O13	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I
O15	I			I	I	I	I	I

Preliminary Championship

	1st Round	2nd Round	Recall
U9	Reel	Heavy Jig	Hornpipe
U11	Reel	Heavy Jig	Hornpipe
U13	Reel	Heavy Jig	Hornpipe
U15	Reel	Heavy Jig	Hornpipe
O15	Reel	Heavy Jig	Hornpipe

Championship

(Solo results will be given for round 1 and 2)

	1st Round	2nd Round	Recall
U5	Reel	Single Jig	
U6	Reel	Single Jig	Light Jig
U7	Reel	Single Jig	Light or Heavy Jig
U8	Reel	Heavy Jig	Hornpipe
U9	Reel or Slip Jig	Heavy Jig or Hornpipe	Traditional Set Dance
U10	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
U11	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
U12	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
U13	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
U14	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
U15	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
U16	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
U18	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance
Senior	Reel or Slip Jig	Heavy Jig or Hornpipe	Open Set Dance

