

SUNDAY 13TH. SEPTEMBER 2009

Lough Community Féile '09

Clárúithe Leis An Coimisiún Le Rincí Gaelacha

New for 2009

- Five Adjudicators
- Two Musicians
- Fabulous New Venue
- Two Halls
- Free Parking

Pre-Entry required for :

- **Croabh Comórtas**
- **Preliminary Champs**

Closing Date :-

09th. Sept 2009

E-mail enquiries:- David Daly

davidpdaly@hotmail.com

Venue: **Silversprings Convention Centre**

Host Hotel: Silversprings Moran Hotel, Tivoli, Cork City

Reservations Tel: +353 (0) 21 450 7533 / Special Rates available for the Feis weekend

Moltóirí:	Andrea Field, ADCRG	Doncaster, England
	Maureen Cunniffe-Daly ADCRG	Galway, Ireland
	Phyllis Cronin-Ryan ADCRG	Limerick, Ireland
	Bernard Hynes ADCRG	Dublin, Ireland
	Kevin McCormack ADCRG	Dublin, Ireland

Ceoltóirí:	Sean O'Brien	London/Australia
	Stephen Carolan	Drogheda, Co. Louth

Signed:

*Mary Horgan ADCRG
11th Sept '09*

Feis Register – Comhairle Na Mumhan



Telephone Enquiries :-

Christine Forde adrcg
087 6363 550
Intl. + 353 87 6363 550

Lilly Dunncliffe tcrgr
086 3059 667
Intl. + 353 86 3059 667

Regency Suite

		Grad	Comórtas	Stage A	Stage B
09:30	1	Bun Grad	Cor (Perp. Trophy)	Under 6	6-8
	2		P. Luascadh (Perp. Trophy)	Under 6	6-8
	3		Port Singil	Under 6	6-8
	4		Port Eadrom/Trom	Under 6	6-8
11:00	5	Tus Grad	Cor (Perp. Trophy/Cup)	Under 7	7-9
	6		Port. Singil	Under 7	7-9
	7		Port Eadrom/Trom	Under 7	7-9
12:00	8	Primary	Cor (Perp. Trophy/Cup)	Under 7	7-9
	9		Port. Luascadh	Under 7	7-9
	10		Port Trom	Under 7	7-9
	11		Trad. Cornphiopa	Under 7	7-9
	12		Seit (Trad)	Under 7	7-9
13:30	13	Mean Grad	Cor (Perp. Trophy / Cup)	Under 6	6-8
	14		Port Luascadh	Under 6	6-8
	15		Port Singil	Under 6	6-8
	16		Port Eadrom/Trom	Under 6	6-8
	17		Cornphiopa		Under 8
	18		Cor (Perp. Trophy / Cup)	8 - 10	10 - 12
14:30	19	Mean Grad	Port Luascadh	8 - 10	10 - 12
	20		Port Singil	8 - 10	10 - 12
	21		Port Eadrom	8 - 10	10 - 12
	22		Port Trom	8 - 10	10 - 12
	23		Cornphiopa	8 - 10	10 - 12
15:30	24		Cor Beirte	U/10	O/10
	25		Cor Truir	U/10	O/10
	26		Rince Ochtar Céile	Any age	
16:30	27	Bun Grad	Cor (Perp. Trophy)	8 - 10	Over 10
	28		P. Luascadh (Perp. Trophy)	8 - 10	Over 10
	29		Port Singil	8 - 10	Over 10
	30		Port Eadrom/Trom	8 - 10	Over 10
17:30	31	Tus Grad	Cor (Perp. Trophy/Cup)	9 - 11	Over 11
	32		Port. Singil	9 - 11	Over 11
	33		Port Eadrom/Trom	9 - 11	Over 11
18:30	34	Primary	Cor (Perp. Trophy/Cup)	9 - 11	Over 11
	35		Port. Luascadh	9 - 11	Over 11
	36		Port Trom	9 - 11	Over 11
	37		Trad. Cornphiopa	9 - 11	Over 11
	38		Seit (Trad)	9 - 11	Over 11
	39		Cor (Perp. Trophy / Cup)	12 - 14	Over 14
	40		Port Luascadh	12 - 14	Over 14
	41		Port Singil	12 - 14	Over 14
	42		Port Eadrom	12 - 14	Over 14
	43		Port Trom	12 - 14	Over 14
44	Cornphiopa	12 - 14	Over 14		

Medals will be presented to all competitors in all Cor (Bun, Tus & Mean) comórtas
Trophies will be presented to all 1st. Place Winners

All times are approximate - Schedule is dependent on the numbers in each competition

Harbour View Suite

		Grad	Comórtas	Stage C	Stage D	
09:00	1		Cor (Perp. Trophy)	Under 5		
	2		Port Eadrom	Under 5		
09:30	3	Árd Grad	Port. Luascadh (Perp. Trophy / Cup)	Under 8	8 - 9	
	4		Port Singil	Under 8	8 - 9	
	5		Port Eatrom	Under 8	8 - 9	
10:30	6		Craobh comórtas (Cor / Port Trom / St. Patricks Day)	Under 8		
	7		Craobh comórtas (Cor / Port Trom / Seit Trad.)	8 - 9		
				<i>Competition 6 & 7 will alternate / All competitors will dance each round</i>		
11:30	8	Árd Grad	Port Single	9 - 10	10 - 11	
	9		Port Eatrom	9 - 10	10 - 11	
	10		Seit Trad	9 - 10	10 - 11	
12:00	11		Craobh comórtas	9 - 10		
	12		Craobh comórtas	10 - 11		
	13		<i>Competition 11 & 12 will alternate / All Dance Round 1 & 2 - Recall Round 3</i>			
			Preliminary Championship (2 Rounds)	Under 10		
13:30	14		Craobh comórtas (Cor & Port Eatrom)	Under 6		
	15		Craobh comórtas (Cor, Port Singil, Port Eadrom)	6 - 7		
					<i>Competition 14 & 15 will alternate / All competitors will dance each round</i>	
14:30	16	Árd Grad	Port Single	11 - 13		
	17		Port Trom	11 - 13		
	18		Seit Trad	11 - 13		
16:30	19		Craobh comórtas	11 - 12		
	20		Craobh comórtas	12 - 13		
					<i>Competition 19 & 20 will alternate / All Dance Round 1 & 2 - Recall round 3</i>	
17:30	21		Preliminary Championship (2 Rounds)	Under 12		
	22	Árd Grad	Port Single	13 - 15		
	23		Port Trom	13 - 15		
	24		Seit Trad	13 - 15		
25	Craobh comórtas		13 - 14			
18:30	26		Craobh comórtas	14 - 15		
	27		Craobh comórtas	Over 15		
					<i>Competition 26, 27 & 28 will alternate/ All Dance Round 1 & 2 - Recall round 3</i>	
	28		Preliminary Championship (2 Rounds)	Under 14		

Craobh Comórtas (Comp. No 6 & 7, 14 & 15) : All Competitors will dance all rounds.

All other Craobh comórtas Competitors will dance Round 1 & 2. Round 3 will completed on a recall basis

Round 1 - Cor/Port Luascadh

Round 2 - Port Trom/Cornphiopa

Round 3 - Seit Nua (Athghloach)

Craobh comórtas: 4 Results Awarded - Overall Result & 3 Solo Rounds Results (Trophes for 1st. Place)

Preliminary Championship: 1 Result Award - Overall Result

All Craobh comórtas winners presented with Perpetual Cup, Replica and Sash

All Craobh comórtas 2nd., 3rd., 4th. & 5th. winners presented with Trophy and Sash

All Preliminary comórtas winners presented with Perpetual Cup, Replica and Sash

Feis Register - Comhairle Na Mumhan

Mary Honan ADCRG
11th June '09.

TIME TABLE

- All times are approximate. Schedule is totally dependent on the number of competitors in each competition on the day of the Féile
- No competition will start 15 minutes before it's publish commencement time.
- All competitors should be available in the hall and prepared to dance up to 20 minutes before the published time of their competition.

Time	Regency Suite		Harbour View Suite	
	Stage A	Stage B	Stage C	Stage D
09:00			Under 5	
09:30	Bun - U/6	Bun 6-8	Árd U/8	Árd 8-9
10:00	Tus - U/7	Tus 7-9	Craobh Comórtas	U/8
11:00	Primary - U/7	Primary 7-9	Craobh Comórtas 8-9	
11:30			Árd 9-10	Árd 10-11
12:00	Mean U/6	Mean 6-8	Craobh Comórtas 9-10	
	Mean - 8-10	Mean 10-12	Craobh Comórtas 10-11	
13:30	Figures U/10	Figures O/10	Pre-lim. Championship U/10	
14:30	Bun 8-10	Bun Over 10	Árd 11-13	
15:00	Tus 9-11	Tus Over 11	Craobh Comórtas 11-12	Craobh Comórtas 12-13
			Pre-lim Champ U/12	
16:30	Primary 9-11	Primary O/11	Árd 13-15	
17:30	Mean 12-14	Mean Over 14	Craobh Comórtas 13-14	Craobh Comórtas 14-15
	All times are Approximate		Craobh Comórtas	Over 15
	All dancers are requested to be in the hall 15 minutes before scheduled start of their competitions		Pre-lim. Championship U/14	

Signed:

Mary Honan ADCRG
11th June 09.

Feis Register – Comhairle Na Mumhan

The Lough Community Féile 2009.

ENTRY FEES

Figure Dance Competitions	€ 3.00
Solo Dance Competitions	€ 4.00
Solo – Perpetual Trophy / Cup	€ 5.00
Pre-lim Comórtas (1 Result - Overall)	€ 8.00
Craobh Comórtas (U/6 - 3 results)	€ 15.00
Craobh Comórtas (4 Results)	€ 22.00
Family Fee (Excludes Pre-lim/ Craobh Comórtas)	€ 60.00
Féile Admission Adult	€ 5.00

PRE-ENTRY

Teachers are requested to pre-register all students/dancers who wish to compete in Craobh, Priomh or Preliminary Comórtas. See attached entry form.

Complete entry forms should be sent to:-

Christine Forde ADCRG

21 Heatherton Park, South Douglas Road, Cork

NO cash should be sent in the post.

Cheques or Postal orders should be made payable to:-

Lough Community Association

CLOSING DATE – 9TH. SEPT.

ROLE OF HONOUR 2008

U/5	Maisie O Connell	Christine Forde	Cork
U/ 6	Aoife O Sullivan	Sheehan Murphy	Kerry
6-7	Aoibhin Grealy	Scoil Uí Brinan	Limerick
U/ 8	Lucy Cummins	Christine Forde	Cork
8-9	Roisin Naughton	Coleman	Mayo
9-10	Conor Harnett	Micheal Ryan	Tipperary
10-11	Rachel Rea	Cohwie Ryan	Cork
11-12	Adam Fogarty	Daly - King	Kerry
12-13	Niamh O Brien	Tuamhumhan	Limerick
13-14	Lorna Murphy	Ann O Callaghan	Cork
14-15	Norita Cashman	Sheehan Murphy	Kerry
O/ 15	Ian McMenary	McDonagh Byrne	Galway

All Perpetual Trophies and Cups remain the property of the Féile and must be returned to the committee prior to 2009 Féile.

RULES & CONDITIONS

1. Any Objections must be lodged **in writing** to the Féile committee with a fee of €20.00 and will be only accepted from registered teachers
2. Any form of unauthorized photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition. (Jan 2005)
3. Entries will only be accepted from teachers currently registered with An Coimisiún.
4. Age is reckoned from January 1st.
5. The adjudicator's decision is final
6. Bun Grád & Tus Grád competitions at Munster Feiseanna are confined to Munster.
7. The use of artificial carriage aids is strictly forbidden. Medically prescribed apparatus (proof of which may be required - Doctors Certificate) will be exempt from this rule
8. The Féile Committee will not accept responsibility for personal injury or personal articles lost/damaged
9. The Féile Committee will as far as practicable provide surfaces suitable for Irish Dancing. However, the Féile Committee cannot accept liability whatsoever, for any injuries sustain while on Stage. The lodgement of an entry will be deemed to be an acceptance of this provision by the dance, parent or guardian
10. Make-up is not permitted in the first two grades up to and including Under 12 age group
11. Dancers in Bun Grád or Tus Grád must wear:- Girls class costumes, day dress or Skirt & Blouse / Boys Class Costume or Pants & Shirt
12. At all times, dancers must be properly attired. Dancers (if possible) should not change costume in the main dancing hall
13. No block, en Pointe work, stationery or moving is allowed to be performed for all ages up to and including Under 12 age group, with the exception of the 11-12 age group who may perform this as & from 1st. Sept

Signed:

*Mary Honan AD CRG
11th June 09.*

Feis Register – Comhairle Na Mumhan

GRADE RULES

A competition in which there are five competitors or less shall not count for grading purposes i.e. the winner of such a competition shall be entitled to dance again in a competition for the same dance in the same age group and grade. (1994). this rule includes the ARD Grade Solo competitions.

As of Jan 1st. 2009, for those competitions where grading occurs, the number of dancers that progress to the next grade is based on the number of competitors in the competition:-

- | | |
|----------------------------|-----------|
| • Less than or equal to 20 | 1 dancer |
| • Between 21 - 39 | 2 dancers |
| • Greater or equal to 40 | 3 dancers |

Bun Grád: Every Bun-grád competition shall be confined to competitions who have never previously won first place for the dance specified, for that competition, in any other registered competition or under any age limit. Dancers must perform basic material only.

Tus Grád: Every Tus-grád competition shall be confined to competitions who have never previously won first place, for the dance specified, for that competition, in any other registered competition or under any age limit, other than in Bun Grad

Primary Grád: **(Munster specific criteria)** Primary competition is confined to competitors who have never previously graded out of a competition for the dance specified, in any other registered competition, in any other grade or under any age limit other than in Bun or Tus or Primary Grade.

- Dancers can perform the same level of material acceptable in Mean or Árd Grád competition.
- Solo costumes can be worn by dancers in this grade.
- Once a dancer wins a dance in Primary grade, they are no longer eligible to enter that dance in that grade again.

Mean Grád: Every Mean-grád competition shall be confined to competitors who have never previously won first place for the dance specified, for that competition, in any other registered competition, under the upper age-limit specified for the competition (or under a higher age-limit) outside of Bun-grád and Tus-grád. Dancers must perform their first advanced material. The same level of material can be performed for Mean-Grad and Árd-Grad

Preliminary (Pre-Lim) Grád:

(Munster specific criteria) Preliminary competitions are confined to competitors who have never previously won an árd competition for the dance specified for that competition in any other registered competition under any age limit.

- Winners of a Pre-Lim competition are not graded out. Only the winning of an Open competition or Championship will affect a dancer's participation in this grade.
- Dancers can perform the same level of material acceptable in Mean or Árd Grád competition.
- Solo costumes can be worn by dancers in this grade.
- A winner of a Pre-lim solo competition automatically eliminates the dancer from dancing that dance in Bun, Tus or Mean.
- If a dancer fails to win that Pre-lim dance again in the next two years, they can apply to Comhairle na Mumhan to be re-graded to Mean Grád again. The re-grading is entirely at the discretion of the Munster Regional Council.

Árd Grád: An Árd-grád competition shall be open to any dancer who satisfies all the following qualifying conditions: is a pupil of a registered teacher

- is qualified to compete as regards age and place of residence
- is not suspended from competitions under any Rule or by a decision of An Coimisiún or of a Regional Authority
- is entered with the permission of his teacher
- Where a dancer has won first prize and thereafter fails to win a prize for that particular dance, the teacher of that dancer may, when a period of two years has elapsed, apply to the regional council to have the dancer re-graded as a mean grád dancer.

ACCOMODATION

Our Host – Silver Springs Moran Hotel

The Silver Springs Moran Hotel in Cork is located just five minutes from Cork City Centre and just seven miles from Cork International Airport. This Cork hotel is renowned for one of Ireland's largest conference venues – **Silver Springs Conference Centre is the location for the 2009 Féile**

The newly refurbished executive guest rooms and suites at this 4 star Hotel in Cork are spacious and elegant, with modern twists such as fluffy duvets, hypo allergenic pillows, high speed internet access and wide screen multi channel TVs. Many of the rooms have lovely views of the River Lee and landscaped gardens

Rates	Sat	Sun	
Family Room	€75.00	€65.00	Room only
<i>Or</i>			
Twin / Double Room	€59.00	Per Person	(Incl. Dinner, Bed & Breakfast)
Reservation Tel:	+353 (0) 21 450 7533		

HOW TO GET THERE...

Travelling to Cork By Train

Kent Station on Lower Glanmire Road is very close to the hotel. Take a taxi from the rank at outside the station - journey time is approximately five minutes

The station is within walking distance from the hotel - you should allow 20 minutes for a brisk walk or 30 minutes at a more leisurely pace.

Travelling to Cork By Plane

Direct Flight to Cork From

- Aer Arann** (www.aerarann.com) Belfast, Dublin, Bristol, Cardiff, Edinburgh
- Aer Lingus** (www.aerlingus.com) Berlin, Birmingham, London, Manchester, Munich, Paris, Rome
- Air Southwest** (www.airsouthwest.com) Newquay
- Bmibaby** (www.bmibaby.com) Manchester
- Jet2.com** (www.jet2.com) Newcastle
- Ryanair** (www.ryanair.com) Dublin, Liverpool, London
- Wizz Air** (www.wizzair.com) Gdansk, Katowice, Warsaw

A scheduled bus service operates from Cork Airport to the City Centre. From Cork Bus Station, we recommended taking a taxi to the hotel - journey time is ten minutes.

Travelling to Cork By Car/Coach

From Dublin (N8) or Waterford (N25)

On approach from the N8 or N25 before the Jack Lynch Tunnel follow the signs for the City Centre at the Dunkettle Roundabout, continuing for city centre take the first exit at the next roundabout onto the dual carriageway Lower Glanmire Road (sign posted City Centre). Take the first exit left signposted Silver Springs which will take you up to the Tivoli Flyover. At the lights turn right, then right again, and the hotel is on the next left.

From Limerick (N20)

Upon arrival in Blackpool, passing the Blackpool shopping centre on your left, at a set of traffic lights on a T junction bear left onto North Link Road - R635 (signposted for Dublin N8) continue to follow the road for approx 3km, on approach down the Mayfield Hill follow the signs left for the Silver Springs Moran Hotel.

From Killarney (N72) / West Cork (N71)

At the Bandon Road Roundabout in Cork follow signs for Dublin, which will take you to the Jack Lynch Tunnel. After going through the Jack Lynch Tunnel follow signs for the City Centre. Take a left off the dual carriage-way onto the slip road for the Silver Springs exit which will take you up to the Tivoli Flyover. At this junction take a right turn followed by another right and the next left will take you to the Silver Springs Moran Hotel.

MAP

