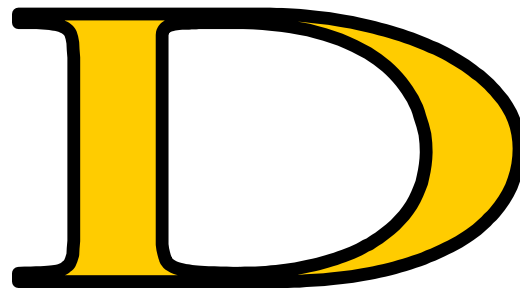


# 7th Deegan Academy Open Feis



Saturday 10th & Sunday 11th October 2009

Sir Frederic Osbourn School, Hens Lane, Welwyn Garden City, AL7 2AF

## Adjudicators

Dearbhla Lennon (IRE) - Ciara Lennon (IRE) - Grainne Feely (IRE)

Mary Teresa McHugh (ENG) - Sonia McLaughlin (ENG)

Maria Sweeney (ENG) - Dara O'Shea-Delap (SCO)

## Musicians

Anthony Davis (ENG) - Liam O'Sullivan (ENG)

Dean Crouch (ENG) - Majella Collins (ENG) - Sean O'Brien (ENG)

Entry & Timetable enquiries to: Des Silke +44 (0) 7737 047117

All other enquiries to: Denis Way +44 (0)1763 260273

E-mail: [desilke@instepfm.com](mailto:desilke@instepfm.com) Website: [www.instepfm.com](http://www.instepfm.com)

Closing date for entries is Friday 25th September 2009

**Beginner and Primary grade competitions are OPEN to all Regions**

**LAST FEIS BEFORE THE 2009 GREAT BRITAIN CHAMPIONSHIPS**

Dear Teachers, Parents and Pupils,

What a panel of Adjudicators and Musicians we have assembled for you and your pupils for this year's 7th Deegan Academy Open Feis 2009. The Deegan Academy of Irish Dancing would like to welcome back all of the parents, pupils and teachers that supported our 6th Feis in 2008 as welcoming new friends at this year's Feis.

### *Trophies 1st to 3rd in all Grade Competitions.*

Don't forget the "**Freestyle Treble Reel**" as we will be continuing this tradition at this year's Feis. To compete in the Freestyle Treble Reel you must portray **32 bars** of reel music however you like; feel free to use your imagination (arms, facial expressions, splits etc...). Do I have to wear an Irish Dancing costume and wig to compete in these competitions ? "NO!" There will be Memorial Perpetual Shields for these competitions honouring the founder teachers of Irish dancing in the London Area.

Des Silke will be providing a full Championship results service with marks packs for sale at £3.00.

Championships from Under 10 upwards will be doing two rounds (separate solo results for the first two rounds from Under 15 upwards) and a recall set dance of their own choice. Sashes for 1st to 5th in all Girls Championships and Pennants 1st to 3rd in all Boys Championships. Sashes for 1st to 5th in all Preliminary Championships.

Our canteen facilities will be of the highest standard as per our previous Feiseanna, hot food will be served all day. Dancing Delights, John Clark and John & Noreen Egan will be at the Feis for all of your dancing accessories.

Please accept our gratitude in anticipation of your entry and we will aim to welcome one and all with a friendly smile to ensure your continued support to the Deegan Academy Feis.

*June, Denis, Martina, Steve and the Parents of the Deegan Academy*

# Entry Fees

	£ Sterling	HOTEL ACCOMMODATION
Ceili Competitions ( per dancer )	<b>1.00</b>	<b>Premier Inn - Welwyn Garden City</b>
Ceili and Figure Championships ( per dancer )	<b>2.00</b>	<b>Stanborough Road, AL8 6DQ</b>
Solo Trophy Competitions ( 1st to 3rd )	<b>3.50</b>	<b>TEL: 08701 977263</b>
Under 6 and Under 7 Premiers	<b>6.00</b>	
Championships U/8 to U/14 (if doing solos)	<b>8.00</b>	<b>Best Western Homestead Court - WGC</b>
PRELIMINARY OR CHAMPIONSHIP ONLY	<b>16.00</b>	<b>Homestead Lane, AL7 4LX</b>
Family Fee (Includes Entrance Fee)	<b>50.00</b>	<b>TEL: 0800 5512409</b>
<b>Entrance Fee per Family (to be sent with entry)</b>	<b>6.00</b>	

**All cheques to be made payable to: " Deegan Feis Club Account "**

**Closing date: Friday 25th  
September 2009**

**Entries to:  
Deegan Open Feis  
c/o Des Silke  
133 Hatfeild Mead  
Morden, Surrey  
SM4 5PG**

**PLEASE DO NOT SEND ANY UNPAID  
ENTRIES AS THEY WILL NOT BE  
PROCESSED OR ACKNOWLEDGED.**

**7th DEEGAN ACADEMY FEIS 2009 - GRADE DANCES**

AGE GROUPS	TROPHY REEL	TROPHY LIGHT JIG	TROPHY SINGLE JIG	TROPHY SLIP JIG	TROPHY HEAVY JIG	TROPHY HORNPIPE		
<b>BEGINNERS</b>								
Under 5	YES	YES						
Under 6	YES	YES	YES	YES				
6 & Under 7	YES	YES	YES	YES	YES			
7 & Under 8	YES	YES	YES	YES	YES	YES	<b>FREESTYLE TREBLE REEL</b>	
8 & Under 9	YES	YES	YES	YES	YES	YES	<b>Under 12</b>	
9 & Under 10	YES	YES	YES	YES	YES	YES	<b>12 &amp; Under 14</b>	
10 & Under 11	YES	YES	YES	YES	YES	YES	<b>14 &amp; Under 16</b>	
11 & Under 12	YES	YES	YES	YES	YES	YES	<b>Over 16</b>	
<b>PRIMARY</b>							<b>CEILI</b>	
Under 6	YES	YES	YES	YES			<b>U/10</b>	<b>U/12</b>
6 & Under 7	YES	YES	YES	YES	YES		2 Hand	2 Hand
7 & Under 8	YES	YES	YES	YES	YES	YES	3 Hand	3 Hand
8 & Under 9	YES	YES	YES	YES	YES	YES	4 Hand Reel	4 Hand Reel
9 & Under 10	YES	YES	YES	YES	YES	YES	Fairy Reel	Fairy Reel
10 & Under 11	YES	YES	YES	YES	YES	YES	6 Hand	6 Hand
11 & Under 12	YES	YES	YES	YES	YES	YES	8 Hand	8 Hand
12 & Under 13	YES	YES	YES	YES	YES	YES	Prog Dance	Prog Dance
13 & Under 14	YES	YES	YES	YES	YES	YES		Girls Ceili Champ
14 & Under 16	YES	YES	YES	YES	YES	YES		Mixed Ceili Champ
<b>INTERMEDIATE</b>							<b>CEILI</b>	
Under 6	YES	YES	YES	YES			<b>U/15</b>	<b>O/15</b>
6 & Under 7	YES	YES	YES	YES	YES		2 Hand	2 Hand
7 & Under 8	YES	YES	YES	YES	YES	YES	3 Hand	3 Hand
8 & Under 9	YES	YES	YES	YES	YES	YES	4 Hand Reel	4 Hand Reel
9 & Under 10	YES	YES	YES	YES	YES	YES	Hum of Bandon	Hum of Bandon
10 & Under 11	YES	YES	YES	YES	YES	YES	Fairy Reel	Fairy Reel
11 & Under 12	YES	YES	YES	YES	YES	YES	6 Hand	6 Hand
12 & Under 13	YES	YES	YES	YES	YES	YES	8 Hand	8 Hand
13 & Under 14	YES	YES	YES	YES	YES	YES	Prog Dance	Prog Dance
14 & Under 16	YES	YES	YES	YES	YES	YES	Girls Ceili Champ	Girls Ceili Champ
OVER 16	YES	YES	YES	YES	YES	YES	Mixed Ceili Champ	Mixed Ceili Champ
<b>OPEN</b>							<b>TRAD SET</b>	<b>OPEN SET</b>
Under 6	YES	YES	YES	YES				
6 & Under 7	YES	YES	YES	YES	YES			
7 & Under 8	YES	YES	YES	YES	YES	YES	YES	
8 & Under 9	YES	YES	YES	YES	YES	YES	YES	
9 & Under 10	YES	YES	YES	YES	YES	YES		YES
10 & Under 11	YES	YES	YES	YES	YES	YES		
11 & Under 12	YES	YES	YES	YES	YES	YES		
12 & Under 13	YES	YES	YES	YES	YES	YES		
13 & Under 14	YES	YES	YES	YES	YES	YES		
<b>ADULT CEILI CHAMPIONSHIP</b>								

<b>PREMIERS</b>	<b>ROUND 1</b>	<b>ROUND 2</b>		
Under 6	REEL	LIGHT JIG		
6 & Under 7	REEL	LIGHT JIG		
<b>GIRL'S CHAMPIONSHIPS</b>				
<b>AGE GROUP</b>	<b>ROUND 1</b>	<b>ROUND 2</b>	<b>RECALL</b>	<b>Extra Solo</b>
7 & Under 8	HEAVY JIG	REEL	RECALL TRAD SET	
8 & Under 9	HEAVY JIG	REEL	RECALL TRAD SET	
9 & Under 10	HORNPIPE	REEL	RECALL SET DANCE	
10 & Under 11	HEAVY JIG	SLIP JIG	RECALL SET DANCE	
11 & Under 12	HORNPIPE	REEL	RECALL SET DANCE	
12 & Under 13	HEAVY JIG	SLIP JIG	RECALL SET DANCE	
13 & Under 14	HORNPIPE	REEL	RECALL SET DANCE	
14 & Under 15	HEAVY JIG	SLIP JIG	RECALL SET DANCE	OPPOSITE HEAVY
15 & Under 16	HORNPIPE	REEL	RECALL SET DANCE	OPPOSITE HEAVY
16 & Under 17	HEAVY JIG	SLIP JIG	RECALL SET DANCE	OPPOSITE HEAVY
17 & Under 18	HORNPIPE	REEL	RECALL SET DANCE	OPPOSITE HEAVY
18 & Under 20	HEAVY JIG	SLIP JIG	RECALL SET DANCE	OPPOSITE HEAVY
Senior Over 20	HORNPIPE	REEL	RECALL SET DANCE	OPPOSITE HEAVY
<b>BOY'S CHAMPIONSHIPS ( ALL BOYS CHAMPIONSHIPS £16.00 )</b>				
<b>AGE GROUP</b>	<b>ROUND 1</b>	<b>ROUND 2</b>	<b>ROUND 3</b>	<b>RECALL</b>
7 & Under 9	HEAVY JIG	HORNPIPE	REEL	RECALL TRAD SET
9 & Under 11	HEAVY JIG	HORNPIPE	REEL	RECALL SET DANCE
11 & Under 13	HEAVY JIG	HORNPIPE	REEL	RECALL SET DANCE
13 & Under 15	HEAVY JIG	HORNPIPE	REEL	RECALL SET DANCE
15 & Under 17	HEAVY JIG	HORNPIPE	REEL	RECALL SET DANCE
Senior Over 17	HEAVY JIG	HORNPIPE	REEL	RECALL SET DANCE
<b>PRELIMINARY CHAMPIONSHIPS</b>				
9 & Under 10	HEAVY JIG	HORNPIPE	REEL / SLIP JIG	
10 & Under 11	HEAVY JIG	HORNPIPE	REEL / SLIP JIG	
11 & Under 12	HEAVY JIG	HORNPIPE	REEL / SLIP JIG	
12 & Under 13	HEAVY JIG	HORNPIPE	REEL / SLIP JIG	
13 & Under 14	HEAVY JIG	HORNPIPE	REEL / SLIP JIG	
14 & Under 15	HEAVY JIG	HORNPIPE	REEL / SLIP JIG	
15 & Under 17	HEAVY JIG	HORNPIPE	REEL / SLIP JIG	
Over 17	HEAVY JIG	HORNPIPE	REEL / SLIP JIG	

- 1 The Feis will run in accordance with the Rules of An Coimisiun Le Rinci Gaelacha.
- 2 Lodgement of entries implies that you acknowledge and accept all of the Rules of An Coimisiun Le Rinci Gaelacha and the Southern England Regional Council plus the additional rules listed below, relating to the Feis.
- 3 The Feis Organiser is providing Harlequin Flooring for all stages. However, the Feis Organiser cannot accept any liability for injuries sustained whilst on stage. The Feis Organiser will provide qualified First Aiders to be in attendance at the Feis.
- 4 **Ages to be taken from 1st January 2009.**
- 5 Entries will only be accepted from Schools registered with An Coimisiun Le Rinci Gaelacha.
- 6 "Beginners Rule" Basic steps as defined by the Southern England Regional Council will be adhered to for all Beginner Grade Competitions.
- 7 **Beginner and Primary Grade Competitions are OPEN to all Regions.**
- 8 A Dancer may only compete in one grade for each dance with the exception of dancers who are intermediate and wish to compete in the Open Premier, Preliminary or Championship.
- 9 Dancers should have their Competitor Registration Card with them in the event of a query as to their Age Group or any other recognised identification (passport or birth certificate).
- 10 Where there are five or less entries for a Beginner, Primary or Intermediate competition, results will not affect their grading.
- 11 A Beginner is a dancer who has not gained a 1st, 2nd or 3rd place in a Beginner Grade competition or any medal in a higher grade for that particular dance.
- 12 The Primary Grade is for dancers who have not won a 1st or 2nd place for that particular dance in any Age Group.
- 13 The Intermediate Grade is for dancers who have not won a first place in that particular age group or in a higher age group for that particular dance or won a Preliminary Championship, Open Championship or Premier Competition.
- 14 **All decisions of the Adjudicators are FINAL.**
- 15 **No smoking in any of the halls. No eating or drinking in any of the halls, except in defined areas.**
- 16 A Panel of Three Adjudicators will judge all Championships from Under 8 upwards. All Championship cups are perpetual and recipients will be responsible for any loss or damage and for the safe return in adequate time to be presented to subsequent winners.
- 17 Any form of unauthorised photography which has the capability to capture a dancers image whilst in motion, using electronic or manual means eg. mobile phone, standard camera, video camcorder, cine recorder or commercial film with or without flash enhancement is expressly forbidden in competition
- 18 No new entries will be taken on the day.
- 19 The Feis Committee accept no liability for loss or damage to personal property.
- 20 Dancers are advised to be in attendance at least 15 minutes before the stated time.
- 21 Children must be dressed appropriately at all times in accordance with the rules of An Coimisiun.
- 22 **Entries received without fees will not be processed or acknowledged and may not appear in the programme and maybe refused.**
- 23 Objections against any breach of the above rules must be made in writing and signed, to the Feis Secretary and accompanied by a fee of £25.00, which will be refunded if the objection is upheld.
- 24 All Beginner and Primary dancers may only wear a class costume, simple dancewear or appropriate attire (skirt & top or simple dress for girls and trousers, shorts and t-shirt or shirt for boys) in competitions up to and including the Under 12 Age Group. Make-up will not be permitted for any dancer in the first two grades up to and including the Under 12 age group Worldwide. Failure to comply with this rule may lead to disqualification from the competition.
- 26 An Coimisiun ruled that as from 1st January 2009, that no block, en pointe, stationary or moving be allowed to be performed for all ages up to and including the Under 12 age group worldwide. The U/12 Age Group will be allowed to Toe Walk from 1st September 2009.
- 27 Any competitor found to be using artificial carriage aids and subsequently refuses to remove same will be subject to disqualification from that particular competition. Medically prescribed apparatus, proof of which may be required, will be exempt from this ruling.

## PRELIMINARY CHAMPIONSHIP RULES

Dancers are not eligible to enter a Preliminary Championship if they have placed in the top three of an Open Championship (Boys, Girls or Mixed) during the Feis year's 2007, 2008 or the present year. Dancers are also not eligible if they obtained a World medal position during the Feis year's 2007, 2008 or the present year. 1st place winners of previous Preliminary Championships are not eligible if their win was in the Feis year's 2007, 2008 or the present year.

## 6th Deegan Academy Open Feis - 2008 Champions

Under 6	JESSICA BUSHELL	GERAGHTY SCHOOL	ROSCOMMON
6 & Under 7	KATIE FEE	CONWAY-LALLY SCHOOL	LUTON
7 & Under 8 Girls	AOIFE HAYNES	MURCHU-DUIGINN SCH	LONDON
8 & Under 9 Girls	SOFIA FITZMAURICE	MURCHU-DUIGINN SCH	LONDON
7 & Under 9 Boys	JOE McGEOWN	FLAHERTY SCHOOL	LONDON
9 & Under 10 Girls	NINA RAWLINGS	BURKE SCHOOL	MANCHESTER
10 & Under 11 Girls	SHANNON MORRISSEY	SCOIL RINCE CEIM OIR	LONDON
9 & Under 11 Boys	RORY BLANCHE	TRAINOR SCHOOL	LONDON
11 & Under 12 Girls	KEELIE BLANCHE	TRAINOR SCHOOL	LONDON
12 & Under 13 Girls	JANICE KENNY	BROOKS ACADEMY	HERTFORDSHIRE
11 & Under 13 Boys	DECLAN KITCHING	CONWAY-LALLY SCHOOL	LUTON
13 & Under 14 Girls	ALANA PEARSON	SCOIL RINCE CEIM OIR	LONDON
14 & Under 15 Girls	LAURA MILLAR	TRAINOR SCHOOL	LONDON
13 & Under 15 Boys	JOSH RUDDOCK	SCOIL RINCE CEIM OIR	LONDON
15 & Under 16 Girls	CAITRIONA QUINLAN	SCOIL RINCE CEIM OIR	LONDON
16 & Under 17 Girls	SARAH HEALY	TRAINOR SCHOOL	LONDON
15 & Under 17 Boys	RYAN BLEACH	DEEGAN ACADEMY	HERTFORDSHIRE
17 & Under 18 Girls	MEGAN KENNY	KELLEY O'BOYLE SCHOOL	LONDON
18 & Under 20 Ladies	RACHAEL BETH-POWDERS	SCOIL RINCE ARD RI	SE LONDON / KENT
Senior Ladies 1st	SARAH LEAHY	MURCHU-DUIGINN SCH	LONDON
Senior Ladies 2nd	CAROLINE KELLY	LOUGHLIN ACADEMY	LONDON
Senior Ladies 3RD	ANNALEISE KELLY	MAGUIRE O'SHEA ACADEMY	ESSEX
Senior Men Over 17			
<b>Under 12 Ceili</b>	<b>MARIE MARTIN SCHOOL</b>		<b>KENT</b>
<b>Adult Ceili</b>	<b>DEEGAN ACADEMY</b>		<b>HERTFORDSHIRE</b>
<b>Under 12 Treble Reel</b>			
<b>Under 14 Treble Reel</b>			
<b>Under 16 Treble Reel</b>			
<b>Over 16 Treble Reel</b>			

# DEEGAN ACADEMY FEIS 2009

## Provisional Timetable for Saturday 10th October 2009

CHAMP HALL	GYM	DINNER HALL
<b>9:00 AM</b>	<b>9:00 AM</b>	<b>9:00 AM</b>
UNDER 5 BEG	UNDER 6 BEG      UNDER 6 PRI	UNDER 8 BEG      UNDER 8 PRI
<b>9:15 AM</b>	UNDER 6 INT      UNDER 6 OPEN	
UNDER 15 BOYS UNDER 15 GIRLS UNDER 15 PRELIM	(ALTERNATING)	
<b>11:30 AM</b>	<b>10:30 AM</b>	<b>10:30 AM</b>
SENIOR MEN O/17 & TREBLE REEL SENIOR LADIES O/20 SENIOR PRELIM O/17	UNDER 14 OPEN      UNDER 14 INT UNDER 14 PRI	UNDER 8 INT      UNDER 8 OPEN
	(ALTERNATING)	
<b>12:30 PM</b>	<b>12:30 PM</b>	<b>11:30 AM</b>
UNDER 14 GIRLS UNDER 14 PRELIM & TREBLE REEL UNDER 8 GIRLS	UNDER 7 BEG      UNDER 7 PRI UNDER 7 INT      UNDER 7 OPEN	UNDER 9 BEG      UNDER 9 PRI
	(ALTERNATING)	
<b>3:00 PM</b>	<b>3:00 PM</b>	<b>1:30 PM</b>
UNDER 9 BOYS UNDER 9 GIRLS		UNDER 9 INT      UNDER 9 OPEN
<b>3:30 PM</b>		<b>3:30 PM</b>
UNDER 16 GIRLS & TREBLE REEL UNDER 17 BOYS UNDER 17 GIRLS		UNDER 16 INT      UNDER 16 PRI OVER 16 INT
		(ALTERNATING)
<b>6:00 PM</b>		
UNDER 17 PRELIM UNDER 18 LADIES UNDER 20 LADIES	HOPEFULLY A SEPARATE PRESENTATION HALL WILL BE IN OPERATION FOR ALL GRADE RESULTS	

## Provisional Timetable for Sunday 11th October 2009

CHAMP HALL	GYM	DINNER HALL
<b>9:00 AM</b>	<b>9:00 AM</b>	<b>9:00 AM</b>
UNDER 10 GIRLS UNDER 10 PRELIM	Under 12 OPEN      Under 12 INT	Under 11 OPEN      Under 11 INT
<b>11:00 AM</b>	<b>11:30 AM</b>	<b>11:30 AM</b>
UNDER 11 BOYS & GIRLS UNDER 11 PRELIM	Under 12 PRI      Under 12 BEG	Under 11 PRI      Under 11 BEG
<b>1:00 PM</b>	<b>1:30 PM</b>	<b>1:30 PM</b>
UNDER 12 GIRLS & TREBLE REEL UNDER 12 PRELIM	Under 13 OPEN      Under 13 INT Under 13 PRI	Under 10 OPEN      Under 10 INT
<b>3:00 PM</b>	<b>3:30 PM</b>	<b>3:30 PM</b>
UNDER 13 BOYS & GIRLS UNDER 13 PRELIM ALL CEILI CHAMPIONSHIPS	HOPEFULLY A SEPARATE PRESENTATION HALL WILL BE IN OPERATION FOR ALL GRADE RESULTS	Under 10 PRI      Under 10 BEG

<b>From the South (M1, M3, M4, M40) leave the M25 at junction 23</b>	<b>M25</b>	<b>From the North (M11 &amp; Dartford Crossing) leave the M25 at junction23</b>	<b>M25</b>
At Junction 23 Join the A1M north	<b>A1M</b>	At Junction 23 Join the A1M north	<b>A1M</b>
Leave the A1(M) at junction 6, then at roundabout take the A1000 (signposted Welwyn Garden City)	<b>A1000</b>	Leave the A1(M) at junction 6, then at roundabout take the A1000 (signposted Welwyn Garden City)	<b>A1000</b>
At roundabout take the 2nd exit onto the A1000 (signposted Welwyn Garden City)	<b>A1000</b>	At roundabout take the 2nd exit onto the A1000 (signposted Welwyn Garden City)	<b>A1000</b>
At roundabout take the 2nd exit onto the A1000	<b>A1000</b>	At roundabout take the 2nd exit onto the A1000	<b>A1000</b>
At roundabout take the 2nd exit onto the A1000	<b>A1000</b>	At roundabout take the 2nd exit onto the A1000	<b>A1000</b>
At roundabout take the 1st exit onto the A1000 (signposted All Other Routes)	<b>A1000</b>	At roundabout take the 1st exit onto the A1000 (signposted All Other Routes)	<b>A1000</b>
Keep in right hand lane to bear right onto the A1000 (signposted Other Routes)	<b>A1000</b>	Keep in right hand lane to bear right onto the A1000 (signposted Other Routes)	<b>A1000</b>
Keep in left hand lane then bear left onto Black Fan Road - B195 (signposted Hertford)	<b>B195</b>	Keep in left hand lane then bear left onto Black Fan Road - B195 (signposted Hertford)	<b>B195</b>
At roundabout take the 1st exit onto HERNS Lane, school will be on your right	<b>HERNS Lane</b>	At roundabout take the 1st exit onto HERNS Lane, school will be on your right	<b>HERNS Lane</b>
<b>From the North (A1M , Peterborough)</b>			<b>A1M</b>
Leave the A1(M) at junction 6, then at roundabout take the 1st exit onto the A1000 (signposted Welwyn Garden City)			<b>A1000</b>
At roundabout take the 2nd exit onto the A1000 (signposted Welwyn Garden City)			<b>A1000</b>
At roundabout take the 2nd exit onto the A1000			<b>A1000</b>
At roundabout take the 2nd exit onto the A1000			<b>A1000</b>
At roundabout take the 1st exit onto the A1000 (signposted All Other Routes)			<b>A1000</b>
Keep in right hand lane to bear right onto the A1000 (signposted Other Routes)			<b>A1000</b>
Keep in left hand lane then bear left onto Black Fan Road - B195 (signposted Hertford)			<b>B195</b>
At roundabout take the 1st exit onto HERNS Lane, school will be on your right			<b>HERNS Lane</b>

