The Music and Dance Committee was asked to review all the Ceili dances strictly for competitive purposes and not for exams. The words natural flow used frequently refers to Ceili being danced in competition and the dance moving naturally as opposed to bar to bar. Movements in Ceili dances are intended to flow naturally.

Although numbers of bars may be specified in Ar Rince Ceili, the natural flow and rhythm of the dance is acceptable as well as strict compliance with the written breakdown of bars.

The remainder of the directive has been rescinded to avoid any further confusion. Please take note and share this directive.