

ÍhK FEILE RINCE STRANDHILL 2019

Feis Rules

- Entries will only be accepted from teachers registered with An Coimisiún le Rincí Gaelacha.
- Age will be reckoned from 1st January 2019.
- Bungrád competitions are confined to those who have never won a first prize in that particular dance in any age group. Only basic steps may be performed.
- Túsgrád competitions are confined to dancers who have not won a first prize in that particular dance in Túsgrád, Meángrád or Árdgrád.
- Competitors in Bungrád and Túsgrád may only wear class costume, dress or skirt and top and the use of make-up, fake tan and wigs is not permissible.
- Meángrád competitions are confined to dancers who have not won a first prize in that particular dance in Meángrád or Árdgrád.
- No block, en-pointe work, stationary or moving, is allowed to be performed in all ages up to and including Under 11.
- For heavy rounds in competitions, dancers may not wear soft shoes that have been altered with the addition of heels and tips in an attempt to turn them into hard shoes. Dancers found to be wearing such altered shoes for heavy rounds may be denied access to that round of the competition.
- Preliminary championships eligibility:
 - A dancer must not have placed top five in any open championship judged by three or more adjudicators.
 - A dancer must not have won a preliminary championships more than two times in the current year.
 - A dancer must not have qualified for Oireachtas Rince na Cruinne 2018 or 2019 (with the exception of boys who are eligible if they qualified but did not place in the top 3 at their Oireachtas and otherwise fulfil the requirements of Preliminary).
 - A dancer must not have recalled in the actual championship at the All Ireland Championships in 2018 or 2019.
 - If the dancer has not succeeded in placing in the top 5 but has won 2 preliminary championships in the current year they are eligible to dance preliminary again the following year.
- The use of camcorders is not permitted during dancing.
- The feis committee will not accept any responsibility for personal injuries or damage to property on the premises.
- Objections, accepted from registered teachers only, must be lodged within one hour of the announcement of the competition result and accompanied by a €20 fee.

Feis syllabus passed by Feis Registrar Noreen Redmond Loughran.