

Golden Vale Feis

Hosted by

Lorraine Duggan S.D

Cláraithe leis an Coimisiún Le Rincí Gaelacha



15th September 2019

South Court Hotel, Limerick.

Adjudicators:

Mary Sweeney	ADCRG. Germany, Europe
Anthony Costello	ADCRG, Limerick, Munster
Annette Kane	ADCRG, Meath, Leinster
Mark McCole	ADCRG, Galway, Connaught
Des Bailey	ADCRG, Sligo, Connaught

Musician:	Paul O' Donnell	Belfast
	Colin McGill	Laois

Tabulation:	Mairead Hackett	Clare
--------------------	-----------------	-------

Fees:

Solo Trophy	€5.00
Solo	€4.00
Team Dance	€3.00
Priomh Comórtas	€15.00 (2 solo & overall results)
Craobh Comórtas	€30.00 (3 solo & overall results)
C.C & PreLiminary	€40.00 (3 solo & 2 overall results)

PRE-ENTRY: Craobh Comórtas pre-entry (without fees) to: dugganlorraine@yahoo.com
By September 11th, 2018.

All Enquiries to: Lorraine Duggan, ADCRG 0877541669 or dugganlorraine@yahoo.com

Entry desk opens at 8.00 am

Syllabus approved by Feis Registrar:

David P Daly ADCRG (On behalf of Comhairle na Mumhan. 2nd. July 2019)

Dear All,

On behalf of the Lorraine Duggan School of Irish Dancing, we look forward to welcoming you to our Open Championship and Grades feis which will be held in the South Court Hotel, Limerick on Sunday 15th September, 2019. We are delighted to be back again in the South Court Hotel Limerick.

Some key points about our feis are as follows:

- There will be PRLIMINARY COMPETITIONS THIS YEAR FOR AGE GROUPS 10, 11, 12, 13, 14 & 15.
- There will be a separate Boys open championship where there are 5 or more boys.
- Championship Stage in main hall & in grades hall.
- Open Championships & Preliminary Championship will be adjudicated by 3 judges.
- Preliminary Championships are incorporated in the Open Championship for ages U10 to U15.
- Sashes/Pennants will be awarded to the top 5 dancers in each Open Championship & to top 5 in Preliminary Championships.
- If 20 dancers or more in an Open Championship, there will be a recall.
- Grade competitions are open to all regions.
- In all grade reel and grade trophy competitions, the top 3 place prize winners will receive a trophy.
- There are mean grad priomh comortas from u7 upwards.
- Medals will be awarded to all competitors in all grade reel & trophy competitions
- Commentary of the event, results and awards will be on Golden Vale Feis 2019 Facebook page and the Lorraine Duggan School of Irish Dancing Facebook Page.

The South Court Hotel is approximately 15 minutes drive from Shannon Airport. For information on room rates please contact the hotel at **061 487487** and inform the hotel you are attending feis. Flights to Shannon airport are available from London Gatwick, and Stansted, Heathrow, as well as Liverpool, Bristol, Birmingham, Manchester and Edinburgh.

We would like to take this opportunity to thank you for your support and look forward to welcoming you all to Limerick for what we hope will be a lovely day of dancing

Please do not hesitate to contact me should you have any queries.

Lorraine Duggan

Sunday 15th September, 2019

Championship Hall

Hall B

		N.B. THE ABOVE C.C. WILL ALTERNATE		
9.00 A.M	1	CRAOBH COMORTAS & PRELIMINARY	9-10	ARD
	2	CRAOBH COMORTAS & PRELIMINARY	10-11	ARD
		N.B. THE ABOVE C.C. WILL ALTERNATE		
11.00.A.M	3	CRAOBH COMORTAS	6-7	ARD
	4	CRAOBH COMORTAS	7-8	ARD
	5	CRAOBH COMORTAS	8-9	ARD
		N.B. THE ABOVE C.C. WILL ALTERNATE		
12.30P.M	6	CRAOBH COMORTAS & PRELIMINARY	11-12	ARD
	7	CRAOBH COMORTAS & PRELIMINARY	12-13	ARD
		N.B. THE ABOVE C.C. WILL ALTERNATE		
		LUNCH		
3.30 PM	8	CRAOBH COMORTAS & PRELIMINARY	13-14	ARD
	9	CRAOBH COMORTAS & PRELIMINARY	14-15	ARD
		N.B. THE ABOVE C.C. WILL ALTERNATE		
5.30 PM	10	CRAOBH COMORTAS	15-16	ARD
	11	CRAOBH COMORTAS	16-18	ARD
	12	CRAOBH COMORTAS	Ov 18	
		N.B. THE ABOVE C.C. WILL ALTERNATE		

C.C. 6 - 7 (Cor & Port Singil & Seit Trad) (40 bars)

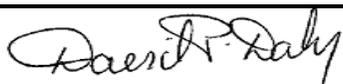
C.C. 7-8 & 8 - 9 (Cor + Port + Seit Trad) (40 bars)

All others 48 bars in reel and heavy jigs and 40 bars in slip jig and hornpipe

C.C. 9-10 Cor + Port Trom/Cornphiopa + **Recall** Seit Trad /Seit Nua

ALL OTHER CRAOBH COMORTAISÍ:

Cor/Port Luasca + Port Trom/Cornphiopa + **Recall** Seit



Syllabus approved by Feis Registrar:

David P Daly ADCRG (On behalf of Comhairle na Mumhan. 2nd. July 2019)

HALL A

1. 8.30AM	Bun	Trofai Cor (Reel)	U6	6-8
2.	Bun	Port Eadrom (Light Jig)	U6	6-8
3.	Bun	Port Luscadh (Slip Jig)	U6	6-8
4.	Bun	Port Singil (Singil Jig)	U6	6-8
5. 9.30AM	Tus	Trofai Cor (Reel)	U7	7-9
6.	Tus	Port Luscadh (Slip Jig)	U7	7-9
7.	Tus	Port Singil (Singil Jig)	U7	7-9
8.	Tus	Port Eadrom (Light Jig)	U7	7-9
9. 10.30 AM	Primary	Trofai Cor (Reel)	U8	8-9
10.	Primary	Port Luascadh (Slip Jig)	U8	8-9
11.	Primary	Port Singil (Singil Jig)	U8	8-9
12.	Primary	Port (Light or Heavy Jig)	U8	8-9
13. 11.30 PM	Mean	Trofai Cor (Reel)	U7	7-8
14.	Mean	port Eadrom (Light Jig)	U7	7-8
15.	Mean	Port Luscadh (Slip Jig)	U7	7-8
16.	Mean	Port Singil (Singil Jig)	U7	7-8
17.	Mean	Priomh Comortas	U7	7-8
1.00 pm		Lunch		
18. 1.30 PM	Mean	Trofai Cor (Reel)	8-9	9-10
19.	Mean	Port Luscadh (Slip Jig)	8-9	9-10
20.	Mean	Port (Light/heavy Jig)	8-9	9-10
21.	Mean	Seit Trad (Traditional Set)	8-9	9-10
22.	Mean	Priomh Comortas	8-9	9-10
23. 3.00 PM	Bun	Trofai Cor (Reel)	8-10	10-12/O12
24.	Bun	Port Eadrom (Light Jig)	8-10	10-12/O12
25.	Bun	Port Singil (Singil Jig)	8-10	10-12/O12
26.	Bun	Port Luscadh (Slip Jig)	8-10	10-12/O12
27. 4.00 PM	Tus	Trofai Cor (Reel)	9-11	11-13/O13
28.	Tus	Port Eadrom (Light jig)	9-11	11-13/O13
29.	Tus	Port Luscadh (Slip Jig)	9-11	11-13/O13
30.	Tus	Traditional Cornphiopa (Easy Hornpipe)	9-11	11-13/O13

HALL A (continued)

31. 5.30pm	Primary	Trofai Cor (Reel)	9-11	O11
32.	Primary	Port Luscaadh (Slip Jig)	9-11	O11
33.	Primary	Port Trom (Heavy Jig)	9-11	O11
34.	Mean	Trofai Cor (Reel)	10-11	11-12
35.	Mean	Port Luascadh (Slip Jig)	10-11	11-12
36.	Mean	Cornphiopa (Hornpipe)	10-11	11-12
37.	Mean	Port Trom (Heavy Jig)	10-11	11-12
38.	Mean	Priomh Comortas	10-11	11-12
39. 7PM	Mean	Trofai Cor (Reel)	12-13	O13
40.	Mean	Port Luascadh (Slip Jig)	12-13	O13
41.	Mean	Cornphiopa (Hornpipe)	12-13	O13
42.	Mean	Port Trom (Heavy Jig)	12-13	O13
43.	Mean	Priomh Comortas	12-13	O13

*****PLEASE NOTE THAT ALL TIMES STATED ARE APPROXIMATE*****

(Priomh Comortas = Any 2 light dances (u7) Reel, Light jig or Single Jig

7-8 upwards -1 light & 1 heavy

1 light dance (ANY LIGHT DANCE) & 1 heavy dance choice of Port Trom or Cornphiopa or Seit Tradisúnta)



Feis Rules

FEIS RULES AND CONDITIONS

- In Bun and Tus grad competitions, dancers are permitted to wear either class costumes or day wear e.g. skirts and tops (Munster Specific rule)
- The use of artificial carriage aids is strictly forbidden except in cases of a medical condition where a doctor's certificate may be requested. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
- In order to comply with the health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to the costume stitching or any arm attachments by the time of their rotation will not be permitted to perform.
- Make up / false - eye lashes will not be permitted for dancers in either solo or team competitions, up to and including the Under 10 age group. Effective from 1st March 2014.
(Please note that dancers in this age group who might be in a Ceili Team Under 11 will be permitted make up for team this age group competitions, i.e. Under 11 Ceili Championships.)
- Under no circumstances should dancers walk around any dancing venue in their underwear. Neither should dancers (regardless of age) change into or out of costume in the main dancing hall, if at all possible. At all times, dancers should be properly attired.
- In Reel competitions under 5 years, dancers must perform Easy Reel material only... (Munster specific rule).
- Should a dancer fall on stage, the adjudicator MUST ring the bell to stop the performance of the dancer(s). The dancer(s) so affected will be permitted to re-dance at the discretion of the adjudication panel, or by a majority of adjudicators, where there is a judging panel. Should, in the opinion of the stage steward, having obtained medical advice if necessary, a dancer be unfit to re dance and if such dancer insists on his/her right to do so then the dancer concerned may be permitted to re-dance on completion of a declaration form exonerating the committee of liability for any consequences.
- Should a dancer lose a heel or a complete shoe he/she may stand back allowing the other dancer, where applicable, to continue dancing uninhibited. In such a case, the dancer concerned will be permitted to redance as soon as it is deemed practicable by the stage steward.
- No blocks en pointe, stationary or moving, is allowed for all ages up to and including under 12 age group, with exceptions of 11 to 12 age group who may perform who may perform this work as, and from, 1st September.
- All Graded competitions are open to all regions
- Port competitions must have both a light and heavy result where both jig types have been performed.
- Grading up rule (Effective January 1st 2009) : For those competitions where grading up occurs :Less than or equal to 20 (1 dancer grades up); 21 – 39 inclusive (2 dancers grade up) ; Greater than or equal to 40 (3 dancers grade up)

Bun Grad:

- Confined to competitors who have never previously won first place for the dance specified for that competition in any other registered competition in any other grade or under any age limit
- Dancers must perform basic material only

Tus Grad:

- Confined to competitors who have never previously won first place for the dance specified for that competition in any other registered competition in any other grade or under any age limit other than in Bun Grad
- Dancers must perform their first advanced material. This should exclude clicks, twists, swivels, cross keys, rocks etc.

Primary Grad (Munster specific criteria):

- Confined to competitors who have never previously graded out of a competition for the dance specified for that competition in any other registered competition in any other grade or under any age limit other than Bun or Tus or Primary Grade.
- Dancers can perform the same level of material acceptable in Mean or Ard Grad competition.
- Solo costumes can be worn by dancers in this grade
- Once a dancer wins a dance in Primary grade, they are no longer eligible to enter that dance in that grade again

Mean Grad:

- Confined to competitors who have never previously won first place under the upper age-limit specified for the competition (or under a higher age-limit) outside of Bun grad and Tus grad.
- A registered competition for the dance specified for the competition
- The same level of material can be performed for Mean grad as Ard Grad.
- A competition in which there are five competitors or less shall not count for grading purposes i.e. the winner of such a competition shall be entitled to dance again in a competition for the same dance in the same age group and grade. (1994).

Ard Grad:

- Open to any dancer who :
 - is a pupil of a registered teacher
 - is qualified to compete as regards age and place of residence
 - is not suspended from competitions under any rule or by a decision of An Coimisiún or a Regional Authority.
 - is entered with the permission of his teacher.
- A competition in which there are five competitors or less shall not count for grading purposes i.e. the winner of such a competition shall be entitled to dance again in a competition for the same dance in the same age group at mean grad. (2007)



- Where a dancer has won first prize and thereafter fails to win a prize for that particular dance, the teacher of that dancer may, when a period of two years has elapsed, apply to the regional council to have the dancer re-graded as a mean grad dancer.

Craobh Comortas (Championship):

- A competition may be entitled a "Championship" only when it is an Ard Grad competition and
 - Is judged by at **least 3 Adjudicators**.
 - Competitions, in the case of a step dancing competition are required to perform at least two dances, one of which must be a heavy dance and the other a light dance.
 - U6 Craobh Comórtas are not permitted (Munster specific – Sep 1st 2015).
 - All competitors will receive an award in the light round of any Craobh Comórtas competition.

Priomh Comortas (Premier Championship):

- The title "Priomh Comortas" or Premier Championship may be ascribed to a competition in any grade judged by **one adjudicator**, where the following conditions apply:
 - **Two dances** to be performed by each competitor.
 - In a Priomh Comortas with an upper age of 8 years or less the compulsory dances must consist of either:
 - Those stipulated for the older age groups and set out above or
 - Two light dances (Munster Specific).
 - When a dancer wins First place in a Priomh Comortas competition, they are deemed to have won **both dances** in that competition, even if they are not awarded first place when individual round results are awarded.
 - U6 Championships must be Priomh Comórtas (Munster specific – Sep 1st 2015).

Preliminary Championship Ruling (Effective from Sept. 1st 2016)

- A Preliminary Championship is:
 - judged by at **least 3 Adjudicators**.
 - A Preliminary Championship must consist of 2 Rounds, 1 Light Round – Reel / Slip Jig & 1 heavy Round – Heavy Jig / Hornpipe.
 - A dancer is not eligible to enter a Preliminary Championship if they have been placed First in an **Open Championship** from **1st January 2015** and the following year.
 - Dancers may compete in an **Open or a Preliminary** Championship or both.
 - Once a dancer qualifies for Oireachtas Rince na Cruinne, they must **not** enter a Preliminary Championship They may not compete in Preliminary Championships in the year that they qualified or the following calendar year.
- ### Exceptions
- Dancers who qualify for Oireachtas Rince na Cruinne where there are **five dancers or less** in their Regional Oireachtas are exempt from this ruling. They may remain in the Preliminary Championships if they so wish.
 - If a dancer wins **two Preliminary Championships** from the 1st January, they are no longer eligible to enter a Preliminary Championships for the remainder of that year and the following year.
 - If a dancer wins a Preliminary Championship where there are **five dancers or less** in the competition, the dancer will still be eligible to enter a Preliminary Championship.

Feis procedures

- The Feis Committee reserves the right to refuse Admission / Entry to the Feis.
- Any objections, other than those related to adjudicator's decisions, must be lodged in writing to the Feis Committee. There will be a fee of EUR 20 associated with such an objection. If the feis committee cannot resolve the issue satisfactorily, the objection will be forwarded to Comhairle na Mumhan.
- Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition. (Jan 2005), except in Bun & Tus Grád competitions.
- The use of taped music (e.g. iPad, iPod, Tape Recorder) is permitted for Subsidiary Ceili competitions.

Feis admin

- Entries will only be accepted from teachers currently registered with An Coimisiún.
- Age is reckoned from January 1st
- The Adjudicators decision is final.
- The committee, as far as is practicable, will provide a stage surface suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained while on stage. The lodgement of any entry will be deemed to be an acceptance of this provision by a dancer and by his/her parent/guardian/teacher.

Feis Rules also available at: <http://www.munsterdancing.com/index.php?pageID=52>

